

WORKSHOPS

THURSDAY 23/3



08:00 AM
08:30 AM
09:00 AM
09:30 AM
10:00 AM
10:30 AM
11:00 AM
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SNAPPER SNAPPER

Sarsha Hope
Earth Heart

Naomi Pepah
Embodied Flow Yoga

Morag Brownlie
Movement Play and
Meditation

Corin Storkey
Ceremonial Cacao
Immersive 1/3

Claire Eli
Vinyasa to the Beat

Prianka Walker
Triple Goddess Breathwork
& Sound Journey
(All Genders Welcome)

Kirtan Collective

CHATTERING TEETH

Zac Parish
The 5 Pillars for
Health & Happiness

Tony Knight
Creating a decentralised
society for freedom

Laura Neish
Hempcrete Construction

**Jason Shon
Bennett**
The Secrets of
Exceptional Health

**Terry
Kennedy**
Living Ecologically

EB Cinema
Dominion

PAPER PLANES

**Lucy
AitkenRead**
Brain Garden - Cultivating
Neural Pathways For
Peaceful Parenting

**Earth Beat
Culture
Workshop**

**Hannah
McQuilkan**
Celtic Earth Wisdom &
Tree Lore Intro

**Naomi
Prema Devi**
Conscious Relating

THE JUICY WATERMELON

John Munro
Five Elements Qigong

Shai Brod
Holistic And
Organic Gardening
Immersive 1/3

Chloe Steens
Sacred Birth Keeping

Leo
Deep Ecology

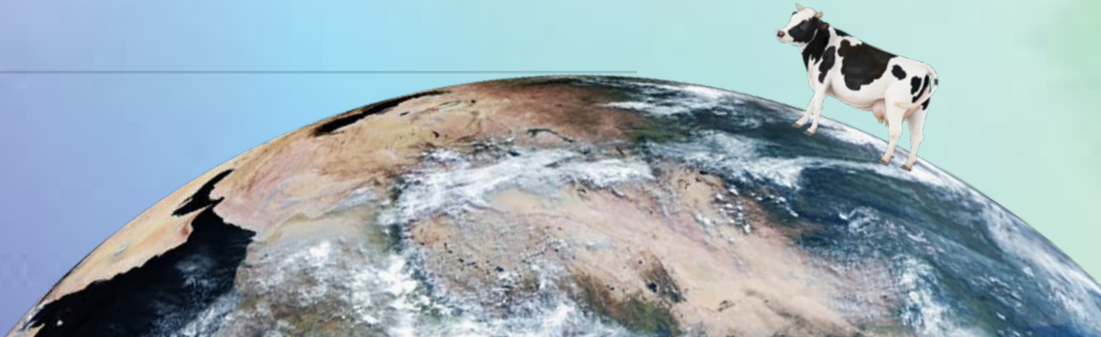
**Monique
Macfarlane**
Biodynamics 101

OTHER VENUES

KAIPARA STAGE
8AM-9AM
Rich Hackney
Holistic HIT Workout

SOLOMON STAGE
10-11:30AM
Marcel Hof
Breathwork

SUNSET



WORKSHOPS

FRIDAY 24/3



SNAPPER
SNAPPER

CHATTERING
TEETH

PAPER
PLANES

THE JUICY
WATERMELON

OTHER
VENUES

08:00 AM

08:30 AM

09:00 AM

09:30 AM

10:00 AM

10:30 AM

11:00 AM

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12:00 PM

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07:00 PM

07:30 PM

08:00 PM

08:30 PM

09:00 PM

09:30 PM

Scott
Townsend
Wim Hof Breathing

Zac Parish
Mind & Emotions
Immersive 1/3

Peter Heard
Healing the Earth Within

Kiri Spiotta
Vinyasa Beats

Renée Sell
Theosophy, A Heartbeat
for a New World

Shai Brod
Holistic And
Organic Gardening
Immersive 2/3

Corin Storkey
Ceremonial Cacao
Immersive 2/3

Mihi Tibble
Decolonising and Reclaiming
Time: Maramataka the Māori
Lunar Calendar

Kara Leah
Trauma and the
Spiritual Path

Karen Hunter
Pluto into Aquarius

Hannah
McQuilkan
Celtic Earth Wisdom &
Tree Lore Immersive 1/3

Stephen Blase
Ecstatic Dance

Nick Wright
Building Blocks- Legal
Structures for Establishing
Communities

Simon Lee
Yin Yoga Sound Journey

Luca Fant
Grow Your Own Organic
Food - A Path To Food
Self Sufficiency

Nikki
Art of Loving

Matua Rihari
The Heart of the Taniwha
- Te Tiriti o Waitangi
Wānanga
(Treaty of Waitangi)

SUNSET

EB Cinema

Ithaka
NZ Official Screening

Joshua Storey
Cosmology: A New Story

KAIPARA STAGE
8AM-9AM

Rich Hackney
Holistic HIT Workout

SOLOMON STAGE
9-10:30AM

Neal Goshal
Yoga

THE BARN
10-11:30AM

Matias Ceballos
Latin American Instruments
and Music workshop

INFO TENT
STARTS AT 12PM

Hāngi
Workshop
(Preparation)
Matua Richard

Registration Required

INFO TENT
2-3:30PM

Sonja Urban
Native Plant Nursery

—
A trip to the little native
plant nursery at Atiu Creek
to get your hands dirty.

Registration Required

WORKSHOPS

SATURDAY 25/3



08:00 AM
08:30 AM
09:00 AM
09:30 AM
10:00 AM
10:30 AM
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SNAPPER SNAPPER

Willa
Qi Gong

Corin Storkey

Ceremonial Cacao,
Psychedelics, Neurochemistry
& Shamanic Rituals In Peru

Corin Storkey

Ceremonial Cacao
Immersive 3/3

**Katie Godber
and Tsz Ho**

Acro For Beginners

**Antonio
Karam**

Sound Bath

SUNSET

CHATTERING TEETH

Zac Parish

Mind & Emotions
Immersive 2/3

Gabriela Baron

Design 4 Conservation: a
toolkit for collaborative
innovation

Christine Spicer

Your Personal Sovereignty &
Human Design

**Nicky Hager
Julian Assange**

Human Rights Hero

A Panel Discussion:
Information,
Disinformation,
Freedom of Speech
and Censorship

EB Cinema

Toitū te Whenua

PAPER PLANES

**Amira
Mudwood**

Natural Ways To Wellness

Holly Bennett

Safe Spaces 11:45

Anke Richter

How Not To Start A Cult

**Hannah
McQuilkan**

Celtic Earth Wisdom &
Tree Lore Immersive 2/3

Brian Berneman

Ancestral Healing -
Family Constellations

THE JUICY WATERMELON

Shai Brod

Holistic And
Organic Gardening
Immersive 3/3

Lyndi Barrett

Art Activations

Nichola

Movie Making Workshop

Ross

Meditational Drumming

OTHER VENUES

KAIPARA STAGE
8AM-9AM

Rich Hackney
Holistic HIT Workout

SOLOMON STAGE
8:30-10AM

Katie Greengrass
Rise & Rave - Yoga Flow
into Ecstatic Dance

KAIPARA STAGE
9:15-10:45AM

Somatic Ecstatic
Vanessa Mateja,
Zana Prana, Carlos Riegel

INFO TENT
8:40-9:30AM
AND 1-3PM





**Hāngi
Workshop
(Cooking)**

Matua Richard

Registration Required

WORKSHOPS

SUNDAY 26/3

	 SNAPPER SNAPPER	 CHATTERING TEETH	 PAPER PLANES	 THE JUICY WATERMELON	OTHER VENUES
08:00 AM					
08:30 AM					
09:00 AM	Nick Wilson STRETCH LESS, TENSE				KAIPARA STAGE 8AM-9AM
09:30 AM	LESS, BREATH LESS, THINK LESS				Rich Hackney Holistic HIT Workout
10:00 AM		Zac Parish Mind & Emotions Immersive 3/3			
10:30 AM					
11:00 AM	Liam Forde The Zone - How To Create		Hannah McQuilkan Celtic Earth Wisdom & Tree Lore Immersive 3/3	Hannah Tapner Guided Introduction to Indian Head Massage	THE BARN 9-10AM
11:30 AM	What You Want, The Way You Want It				Kirtan Collective
12:00 PM					
12:30 PM					
01:00 PM			Shaun Spiers & Monique Fortune Health Freedom - Truths From Above	Carl Pickens Making Plants From Cuttings (Growing Gardens For Free)	
01:30 PM					KAIPARA STAGE 9:45-11:15AM
02:00 PM		Kayla Anderson Aroha Cacao Ceremony			Sasha Paddy 5Rhythms
02:30 PM					
03:00 PM					
04:00 PM	Closing Ceremony				
04:30 PM					







WORKSHOPS PROGRAMME

Earth Beat is more than a music festival. Interactive workshops, presentations and talks offer an entirely different pathway for your festival journey to unfold.

We seek out some of the best speakers, facilitators, and workshop leaders. Immersive workshop experiences allow people to engage in a deeper way with a particular body of work.

WEDNESDAY 22/3

					
	SNAPPER SNAPPER	CHATTERING TEETH	PAPER PLANES	THE JUICY WATERMELON	
05:00 PM	Opening Ceremony				
05:30 PM					
06:00 PM					
06:30 PM					
07:00 PM	Lauren Filer Yin and Yoga Nidra	Linda Ho How to rebuild confidence after heartbreak	Sarah Spence Delving into dreams	Daniel Monterigues NaturAction: applied shamanism for nature reconnection	SUNSET
07:30 PM					
08:00 PM					